



Nelson Bay FC Coaching Philosophy 2019

Introduction

Nelson Bay FC is entering the first year of a multi-year transformation to deliver an enhanced and higher quality football experience for players, coaches, volunteers and our supporters. Club transformations like this take careful planning, long term strategic thought and methodical execution by a team of highly dedicated and knowledgeable volunteers, committee members and coaches.

Our initial planning has focused on the club mission, vision and our 3 core objectives (called our 3 pillars). One of our three pillars is *Player and Coach Development*. To support our Player and Coach development program we have developed the *Nelson Bay FC Coaching Philosophy*. Below is the outline of the Coaching Philosophy and detailed information on the principles and the brand of football we plan to develop within the club.

Our coaching philosophy is based on the FFA National Curriculum and has been developed in consultation with our coaching committee.

Why have a coaching philosophy?

- Our coaching philosophy allows us to map out the next 3-5 years for the club and set objectives on milestone achievements.
- Our coaching philosophy gives us a common language to communicate between coaches, players, parents, carers and the committee.
- It gives the coaches guidance and support throughout the season.
- Common language builds culture and sets expectations on how we execute our brand of football and the behaviour we expect from everybody.
- Our coaching philosophy allows us to self-correct and make continual improvements within our club.

What is our coaching philosophy?

- Our coaching philosophy is a player centric approach that focusses on long term *player development* over short term winning.
 - We take a holistic approach to training and skill acquisition and focus on the process chain of:
Perceiving (a football situation) – *Deciding* (how to act) – *Executing* (the acting itself)
- Good coaching means purposeful practice and quality feedback. We use a growth mindset to embrace mistakes and confront deficiencies.
- We are committed to the 4 training building blocks to develop skills, enthusiastic participation and a life-long love for the game.



- Our coaching philosophy is about the development of skills, creativity and tactical astuteness.



- Promoting and teaching a pro-active, possession based style of football over kick & chase or fight-ball. This will be demonstrated by:
 - Patient build up from the back through the mid-field
 - Excellent passing game with speed and successful passes in the attacking 3rd
 - Translating possession into *effective possession* and quick counter attacks
 - Defending proactively as soon as possession is lost
 - Ability to adapt and implement differing team formations during the Skill Acquisition and Game Training Phase

Nelson Bay FC's Fundamental Values

- Our fundamental values dictate how we do what we do. As a club we are committed to:
 - Fair play
 - Respect for referees, opponents, teammates and officials
 - Good manners, behaviour and presentation
 - Winning with grace and losing with dignity regardless of circumstances
 - Playing as a team and demonstrating a strong team ethic, fighting spirit and character
 - Playing with skill and being mindful of injury prevention
 - We focus on development above and beyond winning on match day
- Our number one value and reason for playing is to have fun and reward effort.

As a parent, carer and supporter, you can support our coaching philosophy by doing the following:

- Encouraging fair play and enjoyment of the game at all times
- Encouraging lots of informal play outside of the football club
- Supporting our coaches and understand they are volunteers. Our coaches are also developing and giving time to improve their skills
- Get involved with our club and your team. Ask questions and learn about our great sport
- We encourage you to support the club and our coaches with enthusiasm and positivity while respecting our code of conduct at all times.

Our Mission Statement

Nelson Bay Football Club strives to provide a safe, supportive and fun-filled environment for players, coaches, supporters and the community to foster the development of football skills and a love for the game. We welcome participants of all ages and from all backgrounds and promote friendship, respect, integrity and fair play at all times. We aim to equip our members with confidence and foster their social, emotional and physical health.

If you have any questions, please get in touch with one of our committee members.
Email: secretary@nelsonbayfootball.com.au and we will get back to you.